

MOPS Canteen Menu

SANDWICHES & WRAPS		HOT FOOD		SNACKS	
Vegemite	\$1.00	Toasties (cheese, cheese & tomato, ham & cheese, ham & tomato, ham cheese & tomato)	Same price as sandwiches	Banana bread	50c
Vegemite & cheese	\$1.20	Meat pie (low fat)	\$3.50	Choc chip muffins	50c
Cheese	\$1.20	Sausage roll (low fat)	\$2.50	Choc balls	10c
Cheese & tomato	\$1.40	Fried rice	\$3.00	Savoury muffins (cheese or cheese & ham)	50c
Ham	\$2.00	Lasagne	\$3.00	Popcorn	20c
Ham & cheese	\$2.30	Macaroni & cheese	\$3.00	Pikelets	20c
Ham, cheese & tomato	\$2.60	Chicken wedges	50c each		
Salad (lettuce, carrot, tomato, beetroot)	\$2.00	Pizza (cheese, Hawaiian, meatlovers)	\$3.50		
Egg	\$1.20	Chicken burger with lettuce & mayo	\$3.50		
Egg & lettuce	\$1.40				
Wraps	Extra 50c			EXTRAS	
				Lunch order bag	10c
DRINKS		FROZEN		Tomato sauce	20c
Juice (apple, orange, apple & blackcurrant)	\$1.20	Yoghurt drops	5 for 20c	Fork or spoon	10c
Flavoured milk (low fat chocolate or strawberry)	\$1.40	Yoghurt patties with seasonal fruit	30c	Heat up	50c