

Mount Ousley Public School

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Distinguished School

LIFE EDUCATION VISIT

14 February 2019

Dear parents and caregivers,

Life Education and Healthy Harold are again visiting MOPS with their mobile classroom! Their visit will take place in Weeks 6 and 7 of this term (6th of March – 11th of March).

Classes will participate in the following modules:

- *K Discover and K Belong: My Body Matters*
Healthy food choices, the importance of physical activity and information about safety.
- *1/2 Believe and 1/2 Imagine: Safety Rules*
Problem-solving, personal safety, seeking help, how to care for others and behaviours that maintain friendships.
- *2/3 Smile, 3/4 Create, 3/4 Unite: All Systems Go*
Function of body systems, peer pressure, second-hand smoking and safety with medicines.
- *4/5 Dream, 5/6 Marvel and 5/6 Together: Relate, Respect, Connect*
Teaches the knowledge, skills and attitudes that children need to develop and maintain safe and respectful relationships, both on and offline.

These programs address many of the components and objectives within the NSW PDHPE curriculum. As a result, we would love to see all children participate in the experience as part of their classroom learning. The cost of the incursion is **\$5 per student**. Please complete and return the permission note below by **Friday the 1st of March**. If you are experiencing any difficulties with payment, please speak to the office or Tiffany Sinton as soon as possible.

Thanks,

Savanna Brule and the MOPS Staff

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I give permission for _____ of class _____ to attend the Life Education program. I understand that the cost of the incursion is \$5 per student.

I have enclosed the full payment with this note.

I have made an online payment. My receipt number is _____ Date paid: _____

Signed: _____

Date: _____